

FOCUS

PROMOTING EXCELLENCE & PROGRESS IN HYPNOSIS RESEARCH, EDUCATION, AND CLINICAL PRACTICE

SCEH

Letter from the President

Elvira Lang, MD

CONTENTS

1 PRESIDENT'S LETTER

2 THE 62ND CONFERENCE: LOGISTICS

**Leading Edge Healthcare:
The Tradition of Quality**
September 14-18, 2011

3-6 CONFERENCE HIGHLIGHTS & PHOTOS OF THE VENUE

Workshop Summaries

7 OVERVIEW OF THE SCIENTIFIC MEETING

8-10 SCEH EXECUTIVE OFFICER ELECTIONS Candidates' Statements

11 SCEH OFFICER BALLOT Please print the ballot, detach, mark, sign & mail

12 & 14 INTERVIEW WITH DABNEY EWIN The Informal Mayor of New Orleans!

13 STUDENT CORNER

Registration for the 62nd Annual SCEH Meeting in New Orleans is open! I am very excited about the quality of this year's program. The variety of topics being offered and the stellar international faculty attending are sure to make this one of our best meetings ever. The topics are as diverse as our membership, emphasizing the ubiquitous opportunities to integrate hypnotic techniques into a broad variety of practices.

In my recent travels and presentations I have been interacting primarily with a medical audience and I have noticed a major shift in the acceptance of hypnosis compared with just a few years ago. One no longer needs to shy away from the "H-word" – It starts to flow easily from the tongues of medical professionals such as nurses, technologists, doctors, and administrators without the old stigma brought on by stage hypnotists. Even the New York Times has reported on the benefits of hypnosis – in their financial section!

We have come a long way – but there's still work to be done. With focus on evidence based practice and state-of-the-art research, SCEH will continue to lead the transformation of medical practice.

Please make plans to come to beautiful New Orleans! I hope to see you there.

Laissez les bons temps rouler!



Elvira





LEADING EDGE HEALTHCARE: The Tradition of Quality

**62ND ANNUAL
WORKSHOPS &
SCIENTIFIC PROGRAM**

SEPTEMBER 14-18, 2011

**SHERATON NEW ORLEANS
LOUISIANA**

888-627-7033

Registering for the Conference

ONLINE:

http://www.sceh.us/index.php?option=com_content&view=article&id=31&Itemid=113. Remember to use discount code **SCEH62** if registering by July 15 to receive a \$50 discount. You will be asked to enter the discount code before you check out.

By Mail: You may download the [brochure here](#) and mail in your registration with payment to: SCEH, Annual Conference Registration, PO Box 252, Southborough, MA 01772. Before July 15 deduct \$50 from your registration fee.

By Fax: Please fax the completed [registration form](#) to 866-397-1839. Before July 15 deduct \$50 from your registration fee.

By Phone: Call the office at 508-598-5553 M/W/F between 9 and 3 EST to register over the phone with a credit card (Visa, American Express or Mastercard). Please have course selections ready and allow 5-10 minutes to register. To complete your application, please download the formal submission form and return to Michele Hart, Executive Director, at michele@sceh.us.

***Deadline for
Early Bird
discounted room rates
is Aug. 15, 2011***

Booking Your Room Reservation

Guests should make reservations by calling the hotel directly at 888-627-7033. Note that you cannot book a room online at the discount rate, you must call the hotel at the above number. ***Please mention that you are part of the SCEH group.*** Rates are \$159 per night before August 15, 2011.

Sheraton New Orleans is a four-diamond hotel located on historic Canal Street just steps from the French Quarter, a short walk from Bourbon Street, Mardi Gras parades, Jazz Fest activities, the Ernest N. Morial Convention Center, the Aquarium of the Americas, Riverwalk Marketplace and an assortment of renowned restaurants and the live music clubs of the Vieux Carre.

www.sheratonneworleans.com



The 62nd Conference: What's in it for YOU, & Me?

Marilee Snyder, LCSW, DCSW

A Medical Track & a Psychological Track?

no...

Both in One!

Since the 17th Century, at least in the West, SCEH has mostly organized its annual conferences on the Cartesian model, presuming that the body and the mind merited separate efforts in health sciences investigation and education.

But that was SCEH then (okay, SCEH didn't exist in the 17th Century, but you knew that, right?), and this is SCEH accelerating into the new millennium, now.

In mid-September, SCEH presenters and attendees of workshops and scientific sessions will share knowledge of holistic, hypnotic treatments for the bodymind.

The presentation topics span diverse populations, different mindbody ailments and conditions, and varying hypnotic modalities of practice by both medically and psychologically trained clinicians.



The Introductory Workshop

In 2 ½ days, this solid preparation for using hypnosis in your clinical practice is designed to benefit practitioners in every specialty, in the variously overlapping medical and

psychological realms. Organized by Ed Frischholz, PhD and David Godot, MA, it meets the full ASCH Standards of Training to qualify as a primary-level practitioner of hypnosis. This workshop also counts toward SCEH certification for an **Active Commitment to Excellence**. Attendees will receive direct skills practice, experiential learning, and 21.5 CE/CME credits toward their professional licensures.

The Intermediate Workshop

Organized by Eleanor Laser, PhD, and with a full staff of medical doctors, this particular workshop enables practitioners in every mindbody field to learn higher-level skills in hypnosis, building on introductory-level skills they have already acquired. It also **provides a rich exposure to the use of hypnosis in medical contexts**, whether as an adjunctive treatment, or as a specific medical intervention by medically trained personnel. As with the Intro Workshop, this workshop provides attendees with 21 hours of CE/CMEs, as well as qualification as an intermediate-level hypnosis practitioner and SCEH **ACE** certification.

Faculty: Eleanor Laser, PhD;
Philip Shenefelt, MD; Elvira Lang, MD;
Ran Anbar, MD; Dabney Ewin, MD



Overview of Advanced Workshops

Wednesday evening

Finding the Fertility in Infertility - Helen Adrienne, MSW, BCD,

This workshop is all about helping couples weather the existential agonies of trying—while being unable—to conceive. Because what has been called “letting-go coping” (of which hypnosis is a part) has a statistically significant association to pregnancy rates, emphasis will be put on the value of this approach.

Hypnosis for Skin Procedures & Disorders - Philip D. Shenefelt, MD, AMBH; Eleanor Laser, PhD

The skin and the nervous system begin together as ectoderm in the fetus. They remain closely connected and influence each other strongly throughout life. This workshop will present the uses of hypnosis for skin procedures and skin disorders, including the effective use of medical psychosomatic hypnoanalysis.

Alert Hypnosis - David M. Wark, PhD, ABPH, FASCH, FSCEH

Alert hypnosis has been shown to increase focus and concentration in various activities. Dr. Wark will speculate on when and how alert hypnosis may be more efficient than the traditional model. Participants will pair up and do extensive and carefully guided exercises in effective techniques for inducing alert, eyes open self-hypnosis in clients.

Thursday morning

Self Hypnosis, Meditation, & Body-Mind-Spirit Balance -

Darlene A. Osowiec, PhD

This workshop teaches practical skills of self-development for the practitioner and the academician and those in the allied health fields. Practicing self-hypnosis and meditation helps maintain an inner resilience when working in challenging settings and times. These self-regulation practices can be incorporated into our everyday lives as well as in our work with ever-difficult client populations and contexts.

Hypnosis with Children: What WORKS & What Does NOT

Marilee Snyder, LCSW, DCSW, FSCEH

In working with children, effective treatment interventions must be tailored to the developmental age of the child. Using audio and video recordings, as well as some slides and case studies, the presenter will review specific hypnotic interventions with children and adolescents aged 1½ to 19 years. Clips illustrate successful, unsuccessful, and mixed interventions.

Integrating Hypnosis & Biofeedback for Pain

Management - Eric Willmarth, PhD, FSCEH; Donald Moss, PhD, FSCEH

Hypnosis and biofeedback have distinctly different histories and yet share substantial common ground as pillars of self-regulation. Applied to the experience of pain, each modality permits a clinician to address both the source of perceived pain and the perception of pain itself. This workshop will allow participants to have hands-on experience with multiple biofeedback instruments and observe a number of different hypnotic approaches to the management of pain.

The Re-Definition of Self Process: A Hypnosis-Based Protocol for Trauma Resolution

- Marie Wilson, MD

As a result of basic biological research over the past decade, the mechanism of fear-based memory creation, maintenance, and modification has been delineated. A five step pathway has been identified as essential in order to modify fear-based memory, specifically, memory activation, retrieval, labilization, updating, and reconsolidation. Attendees will learn about the underlying theory as well as a detailed description of what to do and how to implement the protocol.



Thursday afternoon

Heart-Rate Variability

Biofeedback - *Donald Moss, PhD, FSCEH; Eric Willmarth, PhD, FSCEH*

Heart rate variability (HRV) has been recognized as a medical index of health and resilience for over three decades. Lower HRV is a predictor of sudden death in cardiovascular clinics. Higher HRV is associated with youthfulness, aerobic fitness, and vitality. Increasing HRV is also an index of depth of trance. This workshop will review the physiology of HRV and will introduce and demonstrate basic biofeedback instrumentation and procedures to train increased heart rate variability.



Footprintings: Ego State Therapy in Three Dimensions

Susan Dowell, LCSW

Footprintings is a dynamic treatment approach providing effective and easy to use tools for identifying, observing, and experiencing various Self States. Using color footprints to diagram relationships between Parts, participants can step into different Self States as they work on clarifying these internal relationships. There will be a demo and attendees will have a chance to participate in a three-dimensional practicum.

Age Regression: Treating the Cause, Extinguishing the Symptoms

- Maureen Finnerty Turner, RN-BC, LCMHC, LCSW

This workshop will present a specific Somatic Affect Bridge Technique with case histories as well as a discussion of the brain functions involved in trauma storage and retrieval. Attendees will learn how to help clients identify causal trauma imprinting beliefs and to reframe them using this form of age regression. There will be a video presentation and case discussion of a creative and reliable Rescue Technique utilizing current knowledge from imaging.

Acupressure & Hypnosis

Maximilian Muenke, MD

This is an experiential workshop for clinicians interested in integrating aspects of Traditional Chinese Medicine (TCM) into their hypnosis practice. This workshop will allow participants to familiarize themselves with energy flow along specific meridians and with ways to activate this flow through acupressure combined with hypnosis. Participants will have the opportunity to engage in a unique hands-on experience to further mind-body healing.



Thursday full day

Hypnosis in the Treatment of Dissociation & the Dissociative Disorders - Richard P. Klufi, MD, PhD, FSCEH

This workshop will begin with a review of the history of dissociation and the dissociative disorders. Contemporary attempts to define and circumscribe dissociation will be summarized, and their relevance to clinical practice will be discussed. The concept of normal dissociation will be explored, and its role as the foundation for many forms of pathological dissociation considered. Twenty-two varieties of hypnotherapeutic interventions designed for or adapted to use with conditions of abnormal dissociation will be taught. Time is reserved for the discussion of concerns raised by participants.

Palliative Care: Hypnosis for Symptoms, Self-Regulation, & Alleviation of Suffering -

Sylvain Neron, PhD; Daniel Handel, MD

This workshop will first focus on purposeful use of hypnotic language. Secondly, it will focus on selecting specific suggestions in symbolic and metaphorical form in several clinical contexts at different points of the treatment trajectory. The current state of integrating hypnotic suggestion in the management of distressing symptoms such as pain, nausea, insomnia, and anxiety that are commonly encountered

by this population will be explored. Using case examples, the workshop will focus extensively on practical techniques.

If a Hypnotic Method Works, is it Okay to Use It if You Believe the Underlying Theory is Invalid? The Problem with Therapy of the "Past Life" Type - Paul W. Schenk, PsyD

This advanced workshop will take a careful, pragmatic look at the therapeutic effectiveness of therapy of the "past life" type via numerous case studies (videotapes, transcripts, published literature). Next, participants will break into small groups to formulate a theoretical model to explain the observed results; i.e., a model that does not require a belief in reincarnation. The models developed by the participants will be compared/contrasted with (a) a model that relies on reincarnation as an explanatory factor, and (b) the presenter's "waking dream" model, which does not. Each model will then be tested with additional videotaped case studies.



Friday morning

Palliative Care: Comprehensive Pain Management for End of Life -

Joel D. Marcus, PsyD

The assessment and treatment of the sequelae to terminal illness and the application of health and behavioral intervention procedures requires a skilled professional. The role of solution-focused hypnotic interventions will be addressed.

A four-stage model will be presented with appropriate hypnotic interventions at each stage. Interventions discussed are aimed at addressing primary treatment side effects of pain, nausea and insomnia. This may include aspects of relaxation training, imagery, distraction and restructuring negative thoughts.

The Traumatized Body: Using the Symptoms to Develop the Solutions - Carol B. Lowe, PsyD; David C. Flemming, MB, BS, MRCS, LRCP

This workshop explores the spectrum of disorders often referred to as functional disorders of dysregulation, including complex regional pain syndrome and other chronic pain disorders, migraine, irritable bowel, cyclic vomiting, and other dysregulations of the GI system, autoimmune disorders, cardiac arrhythmias, and pseudo-seizure-like activity. These physical symptoms presented by trauma patients are often refractory to medical intervention, but exhibit improvement with trauma-informed psychological intervention. The experiential portions of the workshop demonstrate how to develop and carry out a treatment plan for this population, using an integrated model to treat the whole person, rather than the disease.

Subliminal Therapy: Blurring the Boundaries of Psychogenic and Organic Illnesses -

Edwin K. Yager, PhD

It is commonly accepted that many medical problems are negatively impacted by negative emotion. Asthma, GI-related problems and dermatological issues are examples. There is also clear indication that prolonged depression and/or anxiety can compromise immune function, thereby exposing us to various medical illnesses. In the clinical situation, differentiating between the possible

causes of a presenting problem can be difficult. Subliminal Therapy is a highly effective technique to accomplish this and participants in this workshop will be taught how to use it.

The Self-Compassion Diet -

Jean Fain, MSW, LICSW

When it comes to weight loss, many hypnotherapists know that hypnosis and cognitive-behavioral therapy (CBT) are a winning combination. But most don't think to add self-compassion and mindfulness practices into the therapeutic mix. This workshop offers participants the chance to survey the research on hypnosis, self-compassion & mindfulness, and then learn a best-of-all-worlds' approach to sustainable weight loss.

Friday afternoon

The Use of Anti-Craving Hypnotic Counter-Conditioning to Promote Abstinence -

Ralph L. Elkins; Jennifer Lind Whitford, PhD

Workshop participants will learn to pair patients' imagined substance use rituals with verbal suggestions that induce genuine physical nausea (as opposed to imagined nausea). With fully-informed consent and a solid therapeutic alliance, continued ritual-nausea pairings typically produce automatic conditioned nausea responses to the patients' focus on the consumption rituals. Conditioned nausea is reactive to real world substance cues and becomes an effective relapse deterrent among abstinence oriented patients.

Clinical Hypnosis with Gay Men -

Richard Miller, LICSW

Comfort and compassion are essential components for successful treatment with gay men. Too often gay males, triggered by shame, leave providers rather than address the feelings of being judged and misunderstood.

This workshop will highlight core issues common in the gay male community: interpersonal difficulties, rejection from family of origin, internalized homophobia, feelings of inadequacy and shame, drug use and sexual compulsivity. Aging, body image issues, and complications of establishing boundaries in monogamous versus open relationships are also challenging. Inductions, scripts and specific ego strengthening techniques will be provided.



The Mental Side of Sports: How Hypnosis Can Enhance Peak Performance -

Joseph Tramontana, PhD; Mitch Smith, LCSW-C, DAHB

Athletes are so highly motivated to improve and so much into repetition of practicing physical aspects of their sport, they actually practice the mental techniques when so instructed. Scripts, strategies, case examples, interviews with former clients and coaches will be included. A major premise of his approach is that the therapist need not have experience as long as he/she develops ways to gather information regarding goal behaviors from coaches or the athletes themselves.

Friday full day

Advanced Hypnotherapy: Hypnodynamic Techniques -

Arreed Barabasz, PhD, ABPP; Marianne Barabasz, EdD

This workshop is intended for those clinicians who find they are using only a

limited range of hypnotic techniques. Brief lecture and discussion will feature demonstrations of hypnotic phenomena and induction techniques. The overarching aim of this workshop is to teach techniques that can facilitate responses well beyond those that can be wrought by mere suggestion alone as are required for the treatment of trauma and the resolution of underlying conflicts. At least fourteen different advanced induction techniques will be practiced.

Integrative CBT Hypnosis for Rapid Resolution & Restructuring of Traumatic & Key Decision Memories -

James H. Straub, EdD; Vicki W. Straub, PhD, MBA

The bulk of the workshop will involve the review and application of an integrative CBT/Hypnotic set of approaches and techniques for rapidly restructuring and resolving memories, often in a single session. This approach was created in response to the old adage "Get all of the memory out of the person and all of the person out of the memory." As such it utilizes a minimum of revivification of the memory. Particular emphasis will be placed on grounding, restructuring of the meanings and beliefs related to the memory, the use of submodality characteristics to identify unresolved issues in the memories and aspects of the person connected to the memory, and bringing closure to the memory.



The Evolution of Ego State Therapy in the New Millennium -

Claire Frederick, MD

This workshop will introduce the fundamentals of Ego State Therapy in light of the evolution of the fields of trauma, dissociation, and psychotherapy in the past thirty years. It will include history and neurobiological foundations as well as the role of neuroplasticity as they relate to clinical issues. Participants will learn how ego states are experienced, how they are formed, and the roles of the trauma response and attachment variables in the formation of pathological ego states. Participants will also learn how to activate safely and stabilize ego states in therapy, securely access trauma, introduce corrective emotional experiences, and work toward integration. The mechanisms of healing in Ego State Therapy will be explained as will the integration of other therapeutic modalities (such as somatic experiencing, energy therapies, CBT, and EMDR).

Dov Glaser's Favorite Restaurants

"I'm always delighted to talk about (and consume) food in New Orleans. Any restaurant that has been around for more than three months will serve good food. The only restaurants to avoid are those that have 'barkers' at the front door. I am limiting this list to my top ten in the French Quarter, which is the location of the hotel — I can vastly expand it to include the other 130 restaurants that are within walking distance! The list is roughly arranged by price with a po-boy starting at \$8."

Jonny's PoBoys - 511 Saint Louis St - www.johnnypoboy.com/

Deanie's Seafood - 841 Iberville Street - www.deanies.com

Gumbo Shop - 630 Saint Peter Street - www.gumboshop.com

Bennachin African Restaurant - 1212 Royal St

Tujague's Restaurant - 823 Decatur Street - www.tujaguesrestaurant.com

Galatoire's - 209 Bourbon Street - www.galatoires.com

Muriel's - 801 Chartres Street - www.muriels.com/

Rib Room - 621 Saint Louis St - www.ribroomneworleans.com

GW Fins - 808 Bienville Street - www.gwfins.com/nola/

K-Paul's Louisiana Kitchen - 416 Chartres Street - www.chefpaul.com/kpaul

"It goes without saying that any visit to New Orleans is incomplete without sampling *beignets* and sipping *café au lait* at the original ***Cafe Du Monde*** - 800 Decatur Street - www.cafedumonde.com."

Dov is president of the New Orleans Society for Clinical Hypnosis (NOSCH).

An Overview of the Scientific Meeting

Friday, Sept. 16 Evening Panel Discussion

My Worst Mistake Using Hypnosis

Chair: Marilee Snyder, LCSW, DCSW

Discussants: Peter Bloom, MD;

Dabney Ewin, MD, ABMH;

Claire Frederick, MD;

Richard P. Kluff, MD

Saturday a.m., Sept. 17

Empirically validated training in hypnosis

Ed Frischholz, PhD, ABPH

Long-term follow up of smoking cessation treatment with adjunctive hypnosis

Ed Frischholz, PhD, ABPH

Manualized Ego State therapy for PTSD:

Procedure & evidence

Arreed Barabasz, PhD, ABPH

Marianne Barabasz, EdD

Ciara Christensen, PhD candidate



Presidential Address

Elvira Lang, MD, FSCEH, President, SCEH

Luncheon Business Meeting

Lunch provided for SCEH members

Saturday p.m., Sept. 17

Defining hypnosis: Preliminary analysis of the Willmarth Hypnosis Interviews

Eric Willmarth, PhD, FSCEH

Using meditation to improve decision-making: A feasibility study

Jonathon Marshall, PhD

Clarifying the Relationship between Hypnotizability and Mindfulness: Correlational Findings Utilizing the Harvard Group Scale of Hypnotic

Susceptibility and the Toronto Mindfulness Scale

Al Wong, MA; Scott Swan, MA; Mike Finn, BA; Erin Gray, MA; Michael R. Nash, PhD; ABPP

Hypnosis and Meditation: Overlapping and Unique Perspectives on Cognitive Control and Mind-Body Interactions

Michael Lifschitz, BA; Amir Raz, PhD, ABPH

Clinical Hypnosis Laboratory: Nine Consecutive Treatments in Emergency Medicine and Outpatient Settings

Michael Nash, PhD, ABPP, Dabney Ewin, MD, ABMH, Nicole Perez, PhD, Elgan Baker, PhD, ABPH

Insight Oriented Treatment of Asthma, Including Spontaneous Regression to Birth

Dabney Ewin, MD, ABMH

Saturday, Sept. 17 Evening Panel Discussion

Ethics in Therapy and Research

Tom Nagy, PhD, Arreed Barabasz, PhD

No-Host Cocktail Reception &



Presidential Banquet

Sunday a.m., Sept 18

Clarifying the Relationship between Hypnotizability and Mindfulness: Correlational Findings Utilizing the Harvard Group Scale of Hypnotic Susceptibility and the Toronto Mindfulness Scale

Al Wong, MA; Scott Swan

Integrating Current Research in Neurobiology, Psychotherapy and Hypnosis

James H. Straub, EdD

Hypnosis in the Era of Traditional Chinese Medicine

Maximillian Muenke, MD



Keynote Address

Taking Hypnosis to Resource Poor Areas of the World: Offering Hypnosis in Disasters

Karen Olness, MD, ABMH

Sunday a.m., Sept 18

Exploratory Single Session Restructuring of a Father-Son Relationship

Marilee Snyder, LCSW, DCSW

The Development and Use of Ideomotor Signaling as Nonverbal Communication in Hypnosis

Philip D. Shenefelt, MD, ABMH

Sunday p.m., Sept 18

The Valencia Scale of Attitudes and Beliefs Toward Hypnosis: A Factor Analysis

Joseph Green, PhD

A Clinical Outcome Study of Subliminal Therapy

Edwin K. Yager, PhD

Hypnotherapy Counter Conditioning for Alcohol and Drug Dependence: Anti-Craving and Abstinence Benefits

Ralph L. Elkins, PhD

Panel Discussion

The American Boards: Demonstrating Competence in Hypnosis

Stephen Pauker, MD, ABMH, Philip Shenefelt, MD, ABMH, Peter Bloom, MD, ABMH, Dabney Ewin, MD, ABMH

Discrete Response Patterns in the Upper Range of Hypnotic Suggestibility: A Latent Profile Analysis

Devin Blair Terhune, PhD



Executive Officer Candidates for 2011-2013



Ed Frischholz, Ph.D., ABPH

Candidate for President

I am honored to have been nominated to run for the position of President-Elect of the Society for Clinical and Experimental Hypnosis (SCEH).

I am a licensed clinical psychologist in the State of Illinois and run a general, full-time private clinical, consulting and forensic practice. I am also a Fellow of APA, ASCH, SCEH, and hold a diplomate (ABPH) in experimental hypnosis. I am the former editor of the *American Journal of Clinical Hypnosis*, and current Science Editor.

I have four major goals I would like to achieve in my Presidency.

First, I would like to liaison with APA-Division 30 and the APA Practice Directorate to influence Medicare to approve additional diagnostic categories for reimbursement for procedure code (90880-Medical Hypnotherapy). The adjunctive or primary use of hypnosis has been empirically validated in the treatment of many symptoms, syndromes and disorders and we need to summarize this evidence and present it to Medicare. If we can get Medicare to reimburse for 90880 in the treatment of additional diagnostic categories, we establish a political and legal basis for requesting that other health insurance companies do so as well.

Second, I believe we need to develop initiatives for eliciting and enhancing the funding available for clinical and experimental hypnosis research.

Third, while I acknowledge that the new era of “evidence based medicine” and “empirically validated treatments” will promote both basic science which ultimately improves clinical practice, I do not want to see the “proverbial baby thrown out with the proverbial bathwater.” As Paul Meehl once said, “When will we use our heads instead of a formula?” I propose that one way we can accomplish this is to start focusing on developing “empirically validated training methods.” I believe that this is another way of promoting scientifically validated treatment methods so that we start to focus more on the “process” of why and how a particular treatment works instead of focusing just on whether it is effective.

Finally, I want to develop a number of initiatives to bolster student and member enrollment in SCEH. I believe we need to get our current graduate students, interns and residents more involved, recruit new members and liaison with their professional organizations and contact those who have not renewed their membership. SCEH has much to offer and I believe we need to put it on a platter and serve it up.



Philip Shenefelt, M.D., ABMH

Candidate for Secretary

I am honored to be nominated for the position of Secretary of SCEH and would be strongly committed to serve in that role. I have been selected for promotion to Professor of Dermatology and Cutaneous Surgery at the University of South Florida in Tampa, where I have practiced dermatology for 24 years. Twenty years ago I attended my first basic workshop in hypnosis, and hypnosis has been part of my dermatologic practice for 15 years. I have been a member of SCEH since 2003 and have been an

Executive Officer Candidates for 2011-2013

annual scientific session presenter and advanced workshop presenter at SCEH since 2003. I am certified by SCEH and ASCH and passed the American Board of Medical Hypnosis examination in 2007. I have authored or coauthored 43 peer reviewed journal articles including 15 on hypnosis and psychodermatology, and have authored a number of book chapters, including an e-medicine chapter on hypnosis in dermatology that is available on the web.

My past experience as an organizational Secretary includes past Secretary of the Florida Society of Clinical Hypnosis (where currently I am Vice President) and ongoing current Secretary-Treasurer of the American Board of Medical Hypnosis. I have been quite punctual in producing meeting minutes. I also have served on committees and as an officer in various dermatological society organizations regionally and nationally and on committees in ASCH. I enjoy helping organizations to grow and prosper and would like to contribute in that way to SCEH. My vision for SCEH includes maintaining and increasing its current excellence in promoting and presenting credible scientific evidence for various facets of the nature and usefulness of hypnosis and their clinical applications. It also includes maintaining and increasing the health of the organization and adapting and adjusting to new opportunities for promoting research, scientifically based clinical practices, and growth in membership. It would be my pleasure to serve as Secretary for SCEH.



Devin Blair Terhune, Ph.D.

Candidate for Secretary

I am interested in acting as the Secretary of SCEH because I am eager to help the society grow and improve its scientific standing. The use of hypnosis in neuroscience is expanding and

SCEH has the potential to contribute to this nascent research domain. Alongside my duties as secretary, I am particularly interested in helping to expand the use of hypnosis in experimental psychology, psychiatry, and cognitive neuroscience. The future of the society is dependent upon its ability to attract younger members. Accordingly, I am also very interested in helping SCEH to attract more undergraduate and graduate students and postdoctoral researchers.

During my education, I was fortunate enough to study hypnosis under two remarkable hypnosis researchers. I was first introduced to hypnosis by J.R. Laurence during my undergraduate degree at Concordia University and subsequently completed my Ph.D. on the topic of heterogeneity in high hypnotic suggestibility under Etzel Cardeña at Lund University. I am currently a postdoctoral research fellow in the Department of Experimental Psychology at the University of Oxford. My research at Oxford involves the use of functional neuroimaging and brain stimulation techniques to examine the neural basis of individual differences in hypnotic suggestibility. I am also engaged in instrumental research in which hypnosis is used to investigate a number of different perceptual and psychiatric conditions. I have published more than twenty articles and book chapters on hypnosis, suggestion, dissociation, and synaesthesia. I am strongly committed to the mission of SCEH and I look forward to the possibility of serving as the society's Secretary.



Donald Moss, Ph.D., FSCEH

Candidate for Treasurer

Donald Moss, Ph.D., is Chair of the College of Mind-Body Medicine at Saybrook University in San Francisco, and conducts

Executive Officer Candidates for 2011-2013

a one year training program in clinical hypnosis for graduate students at Saybrook. He is chief editor of the Handbook of Mind-Body Medicine for Primary Care (Sage Publications, 2003) and Humanistic and Transpersonal Psychology: A Historical and Biographical Sourcebook (Greenwood Press, 1998), chief editor of Biofeedback: A Clinical Journal, and consulting editor for Journal of Neurotherapy, Psychophysiology Today, and Journal of Phenomenological Psychology. He has published over 50 articles and chapters on consciousness, psychophysiology, spirituality in health, and integrative medicine. His publications on mind-body medicine have been translated into Chinese, German, Polish, Hebrew, and Spanish, and he regularly presents workshops in countries from Australia to Mexico and Germany. He is currently

co-author for a new book on mind-body assessment and treatment, Pathways to Illness, Pathways to Health (Springer, in press).

Don is the current president of APA Division 30 (The Society for Psychological Hypnosis) and is a fellow of the Society for Clinical and Experimental Hypnosis.

Don operates an outpatient clinic in Michigan; in his practice he combines psychotherapy, hypnosis, biofeedback, imagery, and mind-body skills for anxiety, PTSD, functional medical problems, and chronic pain.

SCEH Executive Officer Ballot for 2011-2013

Please print this page, mark your votes in the boxes below, complete the blanks, sign your legal signature, and mail to the address at the bottom of this page. Please do not email! **SCEH must receive a signed hard copy of your vote for it to be counted.**



Ed Frischholz, Ph.D, ABPH, for President



Philip Shenefelt, M.D., ABMH, for Secretary



Donald Moss, Ph.D, FSCEH, for Treasurer

OR (vote for one)



Devin Blair Terhune, Ph.D., for Secretary

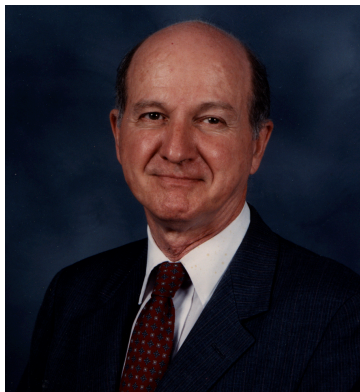
Name (please print) _____

Street address _____

Street address _____ State/Prov. _____ Country _____ Zip _____

Daytime phone _____ Evening phone _____

Your signature _____



An Interview with Dabney M. Ewin, M.D.

*Long-time denizen and beloved son
of New Orleans*

by
*Marilee Snyder,
LCSW, DCSW*



I wish I had the time and talent to write a biography about this man, because anything I can write in this small space will not do him justice. That said, I'm still betting you won't know some or even all of these bits of information about him.

For instance, Dabney learned the Greek alphabet before he learned the English one. His Aunt Lucy, who raised him between the ages of 5 and 12, taught him Greek right off, assuring him "you'll get Latin at school." (Aunt Lucy, by the way, lived to be 106 and studied Hebrew at age 70 so that she could read the Bible in the original.)

From the beginning, Dabney was under a lot of internal pressure to prove himself to his family. He was the youngest of four, and due to the Great Depression, had to live for seven years with Aunt Lucy so that his dad could travel and take engineering contracts. In retrospect, he avows that this was a lucky break for him, "I couldn't have been better taken care of." By age seven, Dabney was the president of the Woodlawn Stargazing Club, with meetings of the neighboring children conducted (under Aunt Lucy's tutelage) by Robert's Rules of Order. At age 12 he was president of the Mississippi Chapter of the Children of the American Revolution.

He later dropped out of high school for a year. His dad told him "I'll get you a job, but I won't keep it for you." He did labor at 35¢ an hour at Alabama Dry

Dock and Shipbuilding in Mobile, AL, and he didn't even get fired.

As an engineer, his dad was a contractor who built the original Sugar Bowl stadium, the Alabama State Docks, and the foundations for the Louisiana State capitol building, among other landmarks. His mom was a traditional Southern belle who inherited a plantation of 1,200 acres, which Dabney and an older brother still farm. It's planted in sugarcane at the moment (sadly not destined for rum but instead for table sugar).

One Sunday a while back, as 16-year-old Dabney and a friend were returning home from hunting quail in the woods, they heard radio news broadcasts reporting some kind of attack on Pearl Harbor, and thousands of U.S. casualties. It was Dabney's birthday.

Dabney wanted to sign up for naval duty, but his dad required him to finish high school first, so he completed two years in one to catch up to his graduating class. He won an appointment to Annapolis but failed the eye exam. He states that that was the best thing that ever happened to him, because otherwise he would have been trying to be an Admiral instead of becoming a doctor.

Forty-five years ago, as the company doctor for the local Kaiser Aluminum plant, he studied hypnosis to help him treat burns that refinery workers were sustaining from accidents with 1700°F molten aluminum.

(cont'd last page)

SCEH LEADERSHIP

President

Elvira V. Lang, MD, FSIR, FSCEH
Harvard Medical School,
Boston, MA
elang@bidmc.harvard.edu
http://www.hypnalgescics.com

Past President

Richard P. Kluff, MD, FSCEH
Bala Cynwyd, PA
RPKluft@aol.com

President Elect

Stephen G. Pauker, MD, FSCEH
Tufts Medical Center,
Boston, MA
spauker@tuftsmedicalcenter.org

Treasurer

Marilee Snyder, MSW, DCSW, MBA, FSCEH
Boulder Mental Health Partners
Boulder, CO
boulderlcsww@aol.com

Secretary

Donald Moss, PhD, FSCEH
Saybrook University,
San Francisco, CA
dmoss@saybrook.edu

IJCEH Journal Editor

Arreed Barabasz, PhD, FSCEH
Washington State University,
Pullman, WA
arreed_barabasz@wsu.edu

Executive Director

Michele Hart
SCEH Headquarters,
Boston, MA
508-598-5553 (direct office line)
866-397-1839 (fax)
info@sceh.us, michele@sceh.us
www.sceh.us

Chair, Graduate Student Committee (GSCEH)

David Paul Smith, PhD, FSCEH
St. Bernard's Hospital
Chicago, IL
dps3uofc@comcast.net

Editor, SCEH Focus

Marilee Snyder, MSW, DCSW, MBA
Private Practice &
Boulder Mental Health Partners
boulderlcsww@aol.com
www.traumatherapylboulder.com



Student Corner: A Plea to SCEH at Large

David Paul Smith, PhD

Well, I've started off a new year of students training to be clinical psychologists. I'm happy to report that all of them have shown interest in learning hypnosis and in getting involved in our student organization.

For a few years now, at St. Bernard Hospital, Integrative Psych Services has offered training in hypnotic techniques for those students who show interest. **Many students have come to us because we train people in hypnosis and work in a hospital setting.** Initially, we recruited students from the Adler School of Professional Psychology that participated in the Hypnosis program run by one of our own members. Unfortunately, the program was discontinued due to "a lack of interest", which made it financially untenable. So, this got me thinking.

It seems to me that **the future of any society is predicated on the dedication of its members and recruitment of new professionals.** When new professionals and students (soon to become new professionals) learn the value of what a society has to offer, they bring fresh blood and help market the interests of that society. God knows, hypnosis needs marketing and promotion of its value to the society at large. Many people still view hypnosis as a fringe phenomenon. Watch "Fringe" on TV and you'll see the many references involving mind control and murder. (In spite of that, I think it's a pretty good show).

So, after the Freud Wars and the problems with repressed memory syndrome, I feel we are still reeling from bad press. Thank goodness, neuroscience and recent research is rectifying the problem. However, society and our respective professions still need

to be educated. **Most of my colleagues are completely ignorant of the recent research and ignorant about hypnosis in general.**

This is my point: It is our duty to get students involved. We need to help them and our colleagues at large to see the value of hypnosis. Also, it is our society's responsibility to show that we value our new recruits. **As practitioners and teachers, we must encourage students to be involved in the society and give them a part to play in the promotion of our society.** And we need to make this public.

Here are some suggestions:

- ★ **Have your students contribute a newsletter piece** describing any work they are involved with that is related to hypnosis, e.g., a paper summarizing their dissertation or research projects.
- ★ **Send in an article describing training opportunities for students.** Let us know what's new regarding programs for certification or workshops teaching particular techniques.
- ★ **Share teaching opportunities or new courses that are being promoted at your respective institutions.**

In conclusion, we can't have a functional student organization without participation. Furthermore, students will not likely participate without a bit of prodding. So, please have the people working with you let me know what they are up to (dps3uofc@comcast.net) and we will publish it here.

Sincerely,

Dave Smith

*Chief Psychologist and Training Director,
St. Bernard's Hospital*

Student Scholarships 2011

Full-time students enrolled in counseling, psychology, social work, and nursing graduate programs, as well as interns at qualified psychological and medical institutions, are eligible to apply for a Professional Development Scholarship for the 62nd Annual SCEH Conference.

The scholarship provides some support for travel, lodging, and/or meals. It may also include waiver of registration fees.

Priority is given to those who are first authors of a paper accepted for the conference's Scientific Program and who will present that paper at the meeting.

Other graduate students demonstrating an interest in the use of hypnosis in their practice are encouraged to apply. All recipients must be SCEH student members. Maximum support is \$500.00

**SCHOLARSHIP
APPLICATION DEADLINE is
August 1, 2011**

In Memoriam **Sol Gould, PhD Lifetime SCEH Member**

Sol Seymour Gould, Ph.D. was laid to rest on May 24, 2010. Sol graduated from Roosevelt Univ. in Chicago with his B.S. in 1960, and from the Univ. of New Mexico with his Ph.D. in Clinical Psychology in 1977. Those choosing to honor Sol's life are encouraged to make a donation to the American Lung Association or charity of their choice.

FOCUS

PROMOTING EXCELLENCE & PROGRESS IN HYPNOSIS RESEARCH, EDUCATION, AND CLINICAL PRACTICE

CALENDAR:

AUGUST 1, 2011

Scholarship application deadline

SEPTEMBER 14-18, 2011

62nd Annual Workshops & Scientific Program - Hope to see you there!

OCTOBER 10-14, 2012

SAVE THE DATE

63rd Annual Workshops & Scientific Program in Toronto, Ontario!

An Interview with


Dabney M. Ewin, M.D.

(cont'd from p. 12)

In fact, the current proprietor of a local Italian restaurant in New Orleans is the son of one of the burn victims Dabney treated. The man had been burned over 60% of his body when he arrived at the ER. His wife was a wreck. Dabney held her by the shoulders and told her (in her hypnoidal state) that she was her husband's best hope, that "he needs you right now more than you need him." Dabney swears that she brought her husband through. Even so, Dabney sent his family on a vacation, and spent days and nights with this man for six

weeks. The patient named his son after Dabney. Their Italian restaurant is top notch and near to the conference hotel — you'll meet them if you visit.

Dabney knows that he is a gifted doctor. As a surgeon and psychiatrist, he feels he has a gift for subliminally understanding the subtleties of what his patients are telling him.

Dabney Ewin is a man of a million entertaining stories. And I have the strong impression that they're mostly true. You should really get to know this guy if you haven't already — and get to know him better if you have... 

SCEH SOCIETY FOR CLINICAL & EXPERIMENTAL HYPNOSIS

Promoting excellence and progress in hypnosis research, education, and clinical practice.

PO Box 252
Southborough, MA 01772
508-598-5553
www.sceh.us

